

PLUS Service

- 24-hour service line: +49 351 320288*
- Callback service: simply make an appointment free of charge at plus.aok.de/kontakt
- Individual and competent advice from your personal contact person
- Responding to emails and sending requested documents: within 24 hours
- Dental consultation service
- Patient rights: Support, e.g., in cases of suspected malpractice

Have we piqued your interest?

Find out more about the plus points and other interesting supplementary offers on the service hotline on +49 351 320288* or online at plus.aok.de

Happy with everything?

If so, recommend us to others and take advantage of the benefits. Find out more about 'Recruit and win' at plus.aok.de/empfehlen

Your PLUS for digital offers

The AOK PLUS online services make your life easier. Take advantage of many of these offers easily and securely with a single login:



Meine AOK

It's easy to submit your documents digitally with the 'Meine AOK' app or in the online portal: plus.meine.aok.de



AOK NAVIDA

Get to know the smart assistant AOK NAVIDA and let your health assistant navigate you to a healthier everyday life.



AOK PLUS bonus programme

Score points for a healthy lifestyle with the AOK bonus app.

You can find more information about the digital offers of AOK PLUS at: plus.aok.de/ein-zugang

AOK PLUS. Die Gesundheitskasse für Sachsen und Thüringen.

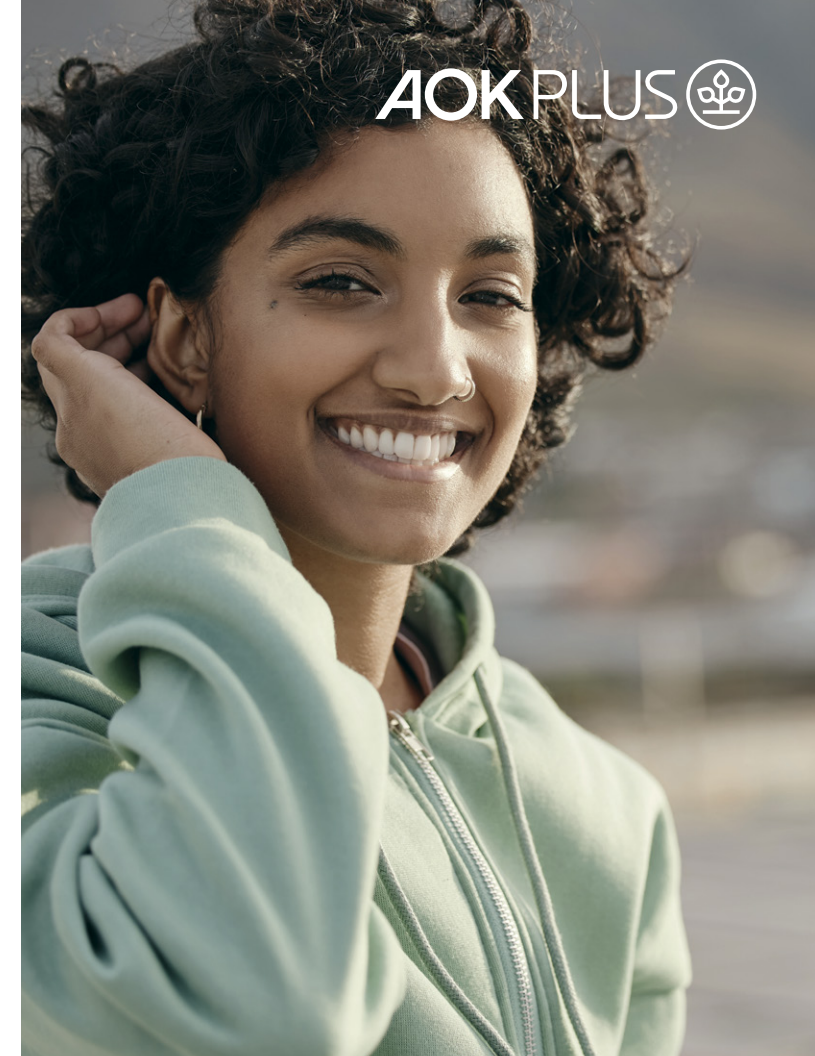
Sternplatz 7
01067 Dresden, Germany

Service line: +49 351 320288*
Service email: service@plus.aok.de
Website: plus.aok.de

*Costs vary depending on the provider used

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AOK PLUS 



Your PLUS with AOK PLUS

ENJOY PLUS points everywhere

Find out more on plus.aok.de/employed

AOK PLUS. Die Gesundheitskasse für Sachsen und Thüringen.

The PLUS for your health

AOK PLUS offers more than other health insurers. Find out about PLUS points yourself. For the love of health.

PLUS for young families:

Up to EUR 500 in the PregnancyPLUS package

- Additional special blood and ultrasound tests
- Pharmacy-only medication prescribed by your doctor on a private prescription with the active ingredients iron, magnesium, folic acid, iodide during pregnancy and additional iodide for mothers in the first year of the child's life
- Benefits to minimise the risk of premature birth
- Additional costs for alternative dental fillings during pregnancy
- Participation of an accompanying person in birth preparation courses

Health for your children**:

- All necessary vaccinations for newborns, e.g., against rotaviruses
- Important pharmacy-only non-prescription medicines for 12- to 17-year-olds on panel prescription
- Supplementary screenings (U10, U11, J2) in addition to the statutory child and youth screenings; special reminder service by AOK PLUS

Benefits in the event of illness:

- Home help for you and your children up to the age of 14
- Sickness benefit for you and if your child falls ill
- Reimbursement of lost earnings for medically required co-admission as an accompanying person during inpatient treatment of a child

PLUS skin check**:

- Free skin check from the age of 35 every second year via your electronic health card
- Medical check-up contribution as reimbursement of costs every second year from the age of 14

PLUS professional tooth cleaning**:

- EUR 40 contribution per year from the age of 18
- Up to EUR 50 contribution every six months for professional teeth cleaning for children and young people undergoing approved orthodontic treatment with multibrackets at the treating orthodontist or a dental practice specialising in orthodontics

PLUS innovative therapies**:

- EUR 180 per year for osteopathic treatments**
- Acupuncture for chronic pain in the lumbar spine and knees

PLUS preventive vaccinations:

- All vaccinations recommended in the Standing Committee on Vaccination's vaccination calendar for your entire family – including on holidays abroad** – and many other recommended vaccinations

PLUS health offers**:

- Up to EUR 150 contribution per calendar year if you take part in up to 2 prevention offers from certified providers on the topics of nutrition, exercise, relaxation and stopping smoking

PLUS attractive rates:

- The AOK PLUS bonus programme rewards an active lifestyle with cash bonuses or additional health benefits
- Private supplementary insurance from the cooperation partner Münchener Verein makes a worthwhile addition to your insurance cover, e.g., abroad, dental treatments or naturopathy

**We are happy to advise you on the options and conditions that apply to the reimbursement of costs and other services.

